

Senior Citizen Nutrition Program **Bakersfield Senior Center Menu June 2026**

2020 R Street, Bakersfield, California 93301

Dining Hall will be Open Monday – Friday from 9:00 am to 1:00pm

LUNCH SERVED FROM 11:15 – 11:45AM

Kitchen number 661-230-5957

RESERVATIONS MUST BE MADE 24 HOURS IN ADVANCE, NO SAME DAY ORDERING

*****Menus are subject to change without prior notice*****

REMEMBER IF YOU RESERVE MEALS AND CAN NOT PICK THEM UP, PLEASE CALL AND CANCEL 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Alfredo Broccoli Garlic Bread 1% Milk	2 Cabbage & Sausage Mac & cheese Corn Bread Diced Peaches 1% Milk	3 Baked Chicken & Gravy Rice Green Peas Pears 1% Milk	4 Spaghetti Green Beans Roll Pineapples 1% Milk	5 Chef Salad Carrot Sticks Pears 1% Milk
8 Sub Sandwich Vegetable Soup Diced Peaches 1% Milk	9 Chicken Salad Applesauce 1% Milk	10 Tuna Casserole Green Salad Diced Peaches 1% Milk	11 Beef Enchiladas Pinto Beans Green Salad Fruit Cocktail 1% Milk	12 Fried Fish Coleslaw Pineapples 1% Milk
15 BBQ Chicken Macaroni Salad Green Peas Fruit Cocktail 1% Milk	16 Turkey Tacos Pinto Beans Pears 1% Milk	17 Spaghetti Broccoli Garlic Bread Diced Peaches 1% Milk	18 Chef Salad 1% Milk	19 Cheeseburgers Chips Diced Peaches 1% Milk
22 Fried chicken Strips Baked French Fries Green Salad Applesauce 1% Milk	23 Chicken Tacos Mexican Corn Fruit Cocktail 1% Milk	24 Meatloaf & Gravy Mashed Potatoes Green Beans Peaches 1% Milk	25 Chicken Pesola w/chips Cabbage Green Salad Applesauce 1% Milk	26 Turkey Ham Sandwich Vegetable Soup Fruit Cocktail 1% Milk
29 Chili Beans w/Turkey Green Salad Corn Bread Peaches 1% milk	30 Fried Chicken Strips Green Beans & Potatoes Green Salad Applesauce 1% Milk	1 Hamburger & Gravy Rice Green Beans Diced Peaches 1% Milk	2 Jazz & More Night 6-9 pm	3 BSC CLOSED Fourth Of July

Suggested Senior Contribution \$3.00 (60 and over)

Cost for non Seniors (59 and under) \$6.00

“No Eligible participant will be denied service because of a Failure or Inability to contribute.”

Nutrition Lunch Program Sponsored By KCAAS

Happy Birthday June

Janice Ross-Green 4th

LaDonna Norwood 11th

Catherine Ward 12th

Bobbie Palmer 13th

Barbara Perkins 16th



Have a Blessed Birthday!

From the Bakersfield Senior Center

Art Banks 17th

Diana Torres 18th

Sonya Wilson 23rd

Joyce Wills 25th

Frances Young 26th